

DENTAL

The dental clinic provides complete dental care for patients of all ages. We strive to ensure that our community members receive the best dental care possible by a dental staff that is gentle and compassionate.

A strong emphasis has been made to update the dental clinic to ensure that patients are receiving dental treatment with state-of-the-art dental products and technology. For example, we only use tooth colored fillings and no longer use metal/mercury fillings.

We have also endeavored to create a more comfortable dental clinic with some new features such as patient chairs; privacy screens on the windows; surround music system; neck, back, and knee cushions; a specialized children's room with jungle theme walls; and the ability to use gas sedation for anxious patients.

Services

For Nisqually tribal members, we offer a wide variety of dental services including exams, x-rays, cleanings, fillings, root canals, crown/bridge work, extractions, and dentures.

For Native Americans living in Thurston County, we provide most in-clinic procedures such as dental exams, x-rays, cleanings, fillings, extractions, root canal treatments, and night guards.

For Nisqually tribal children (18 and under), we can provide braces (phase I and phase II).

Contact us

We encourage you to make an appointment to see us every six months for a regular check-up and cleaning.

Your dental team is dedicated to working with you to improve your health. You should call us for any dental concern you may have. If you should have a dental emergency and the clinic is closed then follow the instructions on the tribal enrollment card.

The best way to contact us is to call (360) 459-5312.

We are located at 4816 She-Nah-Num Dr. SE, Olympia, WA 98513, in the same lobby as the Nisqually Medical Clinic and Pharmacy.

We are open Monday through Friday 8:00 a.m. to 5:00 p.m. except Wednesday when we are open 11:00 a.m. to 8:00 p.m.

Emergency appointments available!

We are reserving one appointment every day for Nisqually Tribal Members who may need an emergency visit. Please call as early as possible to reserve this appointment time as it will be given to the person who calls first.

NISQUALLY TRIBAL HEALTH DEPARTMENT

4816 She-Nah-Num Drive SE, Olympia, WA 98513

Phone: (360) 459-5312

Online: www.nisquallyhealth.org



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NISQUALLY TRIBAL HEALTH DEPARTMENT

How to care for your mouth

Tooth care basics

- Brush your teeth twice a day with fluoride toothpaste for two minutes. Replace your toothbrush every three-to-four months.
- Floss once a day.
- Eat a balanced diet. Try to avoid a diet high in sugar.
- Schedule regular dental checkups.

If you have a baby you should:

- Begin cleaning your baby’s mouth during the first few days after birth by wiping the gums with a clean, moist gauze pad or washcloth after feedings. Remember: As soon as teeth appear, decay can occur.
- When your baby’s teeth begin to come in, brush them gently with a child-size toothbrush, rice-sized amount of fluoride toothpaste, and water. A baby’s front four teeth usually push through the gums at about 6 months of age.

If you have small children you should:

- Brush their teeth with a pea-sized amount of fluoride toothpaste. Be sure they spit out the toothpaste.
- Until you’re comfortable that your child can brush on his or her own, continue to brush your child’s teeth twice a day. When your child has two teeth that touch, you should begin flossing their teeth daily.

To learn more about how to care for your child’s teeth, and for other helpful resources visit 2min2x.org

Dental care for pregnant women

It’s important to visit the dentist while you are pregnant. Why? Your oral health is important for your growing baby’s health. Tooth decay is caused by bacteria. Your baby can “catch” the bacteria from you. Keeping your teeth and gums healthy now can help protect your baby’s teeth later.

Here’s how you can prevent dental disease:

- Brush and floss daily, and use fluoride toothpaste.
- Eat a healthy diet, with snacks like carrots, cheese, and nuts and try to avoid sweetened beverages and carbohydrate snack foods.
- Visit the dentist. Dental care during pregnancy is safe—this includes x-rays and local anesthesia.
- Schedule a check-up today. Be sure to tell your dentist or hygienist that you are pregnant.

Our Providers

Sue Bohannon, Dentist

Dr. Bohannon loves working at the Nisqually Dental Clinic. Due to her own traumatic dental experiences, she is known for her kindness and gentle touch with her patients. She graduated from Temple Dental, located in Philadelphia, in 2008. Although she attended dental school on the East coast, she grew up in the Yelm/Olympia area and considers herself home here. She spends time with her dog, snowboarding, and is an avid reader.

Donna Cawley, Hygienist

Donna is an Alaskan Native American who has lived in Washington State since 1977. She has been married for over 40 years and has 4 children and 11 grandchildren whom she enjoys spending as much time with as she can. She went to school on a native scholarship and has been a hygienist for 25 years. She loves what she does and she is active in the dental hygiene community by acting as Secretary of the Capital Dental Hygiene Society. She enjoys fishing, gardening, and canning.

Isaac Fu, Orthodontist

Dr. Fu was born and raised in the Seattle/Bellevue area and is proud to call the NW his home. He loves the outdoors and camping with his wife and 3 year old son. According to Dr. Fu, sitting by the camp fire making s’mores is one of life’s simple pleasures. He and his wife are very involved in church and teach Sunday school on a regular basis. Recently, Dr. Fu and his wife were blessed with the birth of a baby boy. Dr. Fu received his Bachelor’s degree in Zoology (1997), Doctorate of Dental Surgery (2003), and Masters in Orthodontics from the University of Washington (2006), one of the highest ranked orthodontic programs in the nation. He is a board certified orthodontist and is a Diplomat of the American Board of Orthodontics.